

T-SHAPE 2

× ARTEMIS.

Pre and Post-Care Instructions

PRE-CARE	AFTERCARE
• Avoid use of AHA/BHA 48 hours before treatment • Avoid the use of perfumes, products with chemicals, and parabens before treatment • Avoid steam/sauna 24 hours before treatment • Avoid the use of retinol, and steroid creams in the area of treatment • Ensure adequate hydration by drinking plenty of water in the days leading up to the treatment to promote skin health and hydration. • Discontinue Certain Medications: Discontinue the use of photosensitizing medications or topical treatments containing retinoids or exfoliating agents at least one week before treatment, as advised by your skincare professional. • For facials: Refrain from wearing heavy makeup or skincare products on the day of treatment to allow for optimal penetration of treatment products. • If applicable, shave the treatment area 48 hours before treatment to ensure optimal contact with the device and reduce discomfort during treatment.	• Avoid the use of products with perfumes, parabens, and harsh chemicals • Avoid use of AHA/BHA 48 hours post-treatment. Refrain from using exfoliating scrubs, chemical peels, or abrasive skincare treatments for at least one week following treatment to allow the skin to heal properly. • Nourish skin with the recommended product by the technician. • Exfoliate skin weekly to allow better absorption of active ingredients • For maximum efficacy, treatment should be followed up within 72 hours • Drink 1L of water • Limit sun exposure and use broad-spectrum sunscreen daily to protect the skin from UV damage and minimize the risk of post-treatment pigmentation changes. • Avoid hot baths, saunas, steam rooms, or activities that may induce excessive sweating or heat exposure for at least 24-48 hours after treatment to minimize the risk of irritation or inflammation. • Monitor the treated area for any signs of redness, swelling, or discomfort and contact your skincare professional if you experience any concerning symptoms or adverse effects. • Schedule any recommended follow-up appointments with your skin care professional to assess treatment outcomes, address any concerns, and discuss ongoing skincare maintenance.